# Wootton Bassett Infants' School

# Personal, Social, Health and Economic Education Policy

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At Wootton Bassett Infant School PSHE (Personal, Social, Health and Economic Education) is a planned programme of learning where the children acquire the knowledge, understanding and skills they need to keep themselves healthy and safe. PSHE provides the children with the building blocks in order for them to develop healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This sits alongside the essential understanding of how to be healthy. As part of our whole school approach, PSHE develops the qualities and attributes that children need to manage opportunities, challenges and responsibilities as they grow up, enabling them to thrive as individuals, family members and members of society. By teaching pupils to stay safe and healthy, and by building self-esteem, resilience and empathy, our effective PSHE programme enables staff to tackle barriers to learning and raise aspirations for our pupils. At Wootton Bassett Infants the children have regular PSHE lessons, as well filtering the skills through out many aspects of school life.

## Intent

At Wootton Bassett Infant School it is our intent to provide all children with a broad and balanced curriculum that aims to assist children and young people to prepare for adult life by supporting them through their physical, emotional and moral development, and helping them to understand themselves, respect others and form and sustain healthy relationships. This will be implemented by creating a programme of study that is bespoke to our school and all our children (see our school website for published scheme).

The two main core themes of our PSHE programme of study focuses on Relationships Education and Health and Wellbeing Education. A third core theme, Living in the Wider World is also an integral aspect of our curriculum.

**Health and Wellbeing**

- Healthy lifestyles (physical wellbeing)
- Mental health
- Ourselves, growing and changing
- Keeping safe
- Drugs, alcohol and tobacco

**Relationships**

- Families and close positive relationships
- Friendships
- Managing hurtful behaviour and bullying
- Safe relationships
- Respecting others

**Living in the Wider World**

- Shared responsibilities
- Communities
- Media literacy and digital resilience *(the extent to which we access, use and understand media platforms such as television, the internet and mobile phones).*
- Economic wellbeing: Money
- Economic wellbeing: Aspirations, work and career

The Department for Education statutory guidance states that from September 2020, all primary schools must deliver relationships and health education whereby parents cannot withdraw their child from this. The Department for Education's revised statutory guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education came into effect on 1 September 2026, and our provision has been developed in line with these requirements.

We recognise that PSHE education plays a vital role in safeguarding children. Through carefully planned, age-appropriate learning, pupils develop the knowledge, understanding and skills needed to build positive relationships, recognise risks, stay safe both online and offline, and know where to seek support when they need it.

Our curriculum teaches children about:

- Building respectful friendships and positive relationships.
- Recognising and managing their feelings and emotions.
- Physical and mental health, wellbeing and self-care.
- Personal safety and how to seek help from trusted adults.
- Online safety, privacy and responsible use of technology.
- Understanding different families and appreciating diversity.
- Developing resilience, confidence and independence.
- Keeping safe in everyday situations, including around roads, water and public places.
- Understanding change, loss and bereavement in an age-appropriate way.

We believe that effective Relationships Education helps children understand the characteristics of healthy relationships founded on kindness, respect, honesty and trust. Lessons are delivered in a safe, inclusive and supportive environment where all children feel valued and respected.

Teaching reflects the diverse communities in which our pupils live and promotes equality, tolerance and mutual respect.

## Implementation through Teaching and Learning

The school seeks to provide a safe, secure learning environment for PSHE that enables children and young people to gain accurate knowledge, develop their own values and attitudes, and develop skills to grow into happy confident successful adults. At the beginning of each year, every class sets ground rules that children must follow during PSHE lessons. This creates a safe and supportive learning environment and allows children to feel comfortable and to speak openly and honestly about a range of issues. At Wootton Bassett Infant School we promote the needs and interests of all pupils, irrespective of gender, culture or background and all teachers take into account the children's age, ability, and maturity. P.S.H.E will be provided through discreet curriculum time, assemblies, class discussions/circle time, as and when issues arise, ensuring time is made within the curriculum to meet the needs of the children and through extra-curricular activities.

## Early Years and Foundation Stage

In Early Years, PSED (Personal, Social and Emotional Development) is a prime area of learning therefore an integral aspect of daily planning, teaching, and learning.

- Making relationships
- Self-confidence and self-awareness
- Managing feelings and behaviour

Planning is child led to reflect the interests of the children and the needs of the school. Children take part in circle time and discuss topics and themes that are at their level. Teachers look at the three core themes and take aspects of these to inform their planning. PSED is a fundamental building block in a child's development and underpins the whole curriculum.

## Key Stage One

Within Key Stage One PSHE lessons are timetabled regularly, on a weekly basis to follow the scheme of work that is in place (with flexibility to respond to issues that emerge from the children at other times). This follows the three core themes. Children have the opportunity to form and share opinions, value differences, recognise feelings and emotions as well as identify what makes relationships healthy.

**British Values**

As a school we promote British values ensuring that our children leave school prepared for life in modern Britain. We support the values of democracy, rule of law, individual liberty, mutual respect and tolerance of different faiths and beliefs. Through aspects of school life such as voting for school council members, assemblies and PSHE lessons, these values are embedded within our curriculum. We plan assemblies and lessons to teach the children about our values, respecting similarities, and differences, tackling stereotypes and understanding why some people discriminate. We aim to empower children to have a voice and to stand up against discrimination, valuing equality, tolerance, and mutual respect.

**Implementation through Assessment, Recording, Reporting and Monitoring**

Teachers assess the children's work in PSHE by making informal judgements as they observe and work with them during lessons. We have clear expectations of what the pupils will know and understand at the end of each year and key stage. Assessment also offers the children the opportunity to reflect on their own progress. Within the Foundation Stage, PSHE objectives are documented within 'floor books'. The PSHE subject leader is responsible for monitoring the curriculum provision including the standards of children's work and the quality of teaching. The subject leader will monitor plans, teaching and learning in order to evaluate strengths and weaknesses in the school and indicate areas for improvement.

**Implementation through inclusion, including meeting the needs of SEND pupils**

Our teachers provide learning opportunities matched to the individual needs of all children including those with special educational needs and disabilities. PSHE is taught inclusively to all children regardless of their race, religion, and gender, whilst at the same time addressing the need for equal opportunity. The PSHE curriculum is in line with the single equality duty policy. Staff will ensure that no judgement will be passed on the lifestyles and choices made by others. If a safeguarding issue is raised, staff are required to follow the correct safeguarding procedure and safeguarding policy.

**Implementation through resources**

Resources for PSHE are stored centrally and online so all teachers have access to them. The PSHE curriculum leader will regularly review resources and obtain, within the constraints of the allocated budget, additional resources as necessary.

**Links to other Policies**

Keeping Children Safe in Education

Computing

Online Safety
RHE (Relationships and Health education)
Behaviour & Discipline
Anti-Bullying
Equality and Diversity
Pupil Wellbeing
Safeguarding & Child Protection

**Appendix 1**

PSHE and Safeguarding- What is taught?