

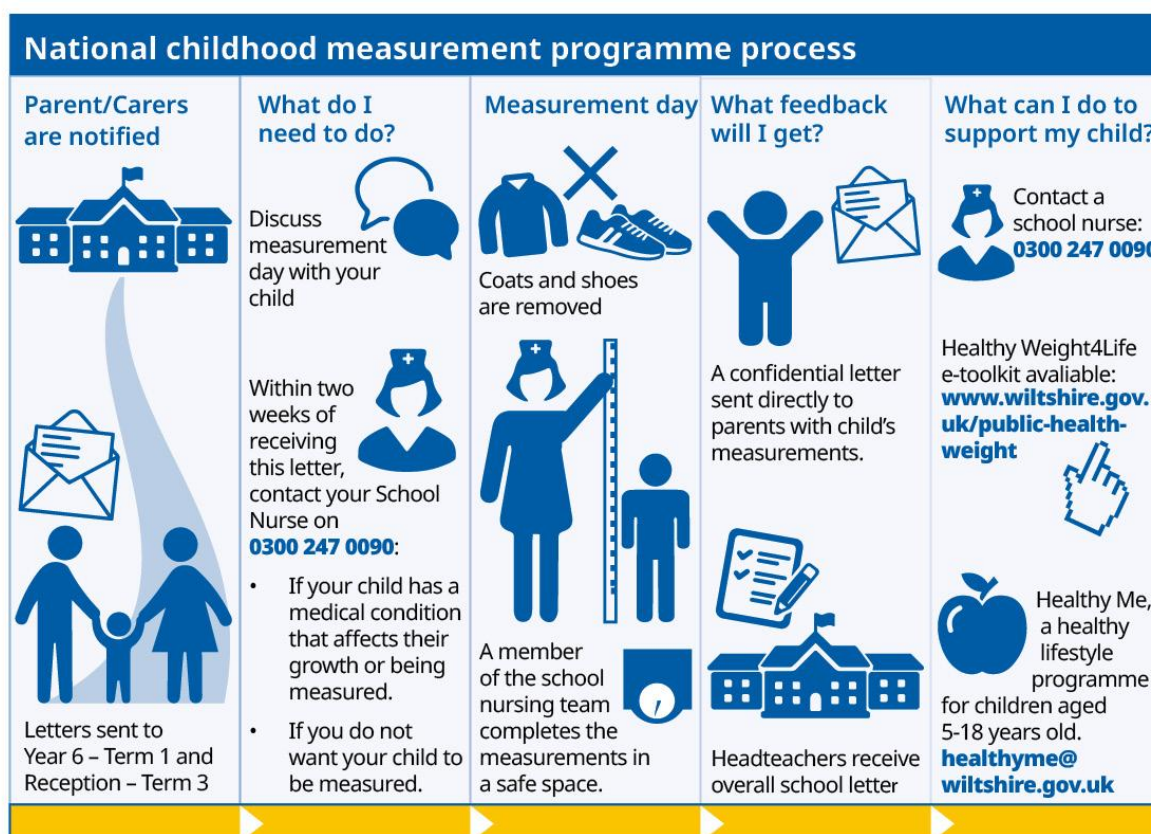
County Hall  
Bythesea Road  
Trowbridge  
Wiltshire  
BA14 8JN

September 2025

Dear Parent or Carer,

### Height and weight checks for children in Reception and Year 6

Every year in England, children in Reception and Year 6 have their height and weight checked at school as part of the National Child Measurement Programme (NCMP). Your child's class will take part in this year's programme.



### Why is NCMP important?

The data gained from NCMP, helps schools, health services and local authorities better plan for programmes, services, and resources to support families' physical and emotional health and wellbeing where it is needed most.

**If you have concerns about your child's health or weight and would like further information or support, you may find the links below and support helpful:**

- [Healthy weight 4 life toolkit - Wiltshire Council](#)
- [Better Health Healthier Families- Fun ideas to help children stay healthy](#)
- [Healthy Steps Quiz to support eating](#)
- Contact the School Aged Health service for support and advice on 0300 247 0090 (option 1) or download the 'Growing Well Wiltshire' App

**App Store:**



**Google Play:**



### **What information is collected and why**

Your child's height, weight, age, sex, and date of birth are collected to calculate their weight category (also known as child body mass index).

Your child's ethnicity and address are collected to monitor differences in child growth and weight between ethnic groups, where children live and their backgrounds.

Your child's name, date of birth and NHS number are collected to link their measurements from reception and year 6 to other information from health and education records held by NHS England, the Department of Health and Social Care and the Department for Education, where it is legal to do so.

### **Information about how personal information and data is collected and stored**

You can read more about how the Department of Health and Social Care collects, stores and uses your child's information and data in the [National Child Measurement Programme privacy notice](#).

You can read more about how NHS England collects, stores and uses your child's information and data at [National Child Measurement Programme \(NCMP\): GDPR information](#).

[At the NHS England National Child Measurement Programme webpage](#) you can read more about:

- taking part in the programme
- how your data is collected
- how your data is used

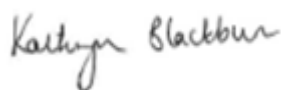
**You can read more about how Wiltshire Council and HCRG Care Group collects, stores and uses your child's information at**

- [HCRG Care Group- Wiltshire's Children's Community Services](#)
- [Wiltshire Children's Community Services Local Privacy Policy- NCMP](#)
- If you have any concerns about how data is processed for NCMP in Wiltshire please contact the Wiltshire Council Public Health team at [publichealth@wiltshire.gov.uk](mailto:publichealth@wiltshire.gov.uk) and add 'NCMP' to the subject line.

**If you do not want your child to be measured:**

- Please contact the school aged health service within two weeks of receipt of this letter on 0300 247 0090 option 1 stating your child's details and school and that you would like to opt out of them being measured.

Yours faithfully,



**Kate Blackburn**  
Director of Public  
Health,  
Wiltshire Council



**Nicole Mills**  
Director of Families and  
Children  
Wiltshire Council



**Val Scrase**  
Regional Director  
Wiltshire and B&NES  
Children's Community Services  
HCRG Care Group