



# Keeping Your Child Safe Online



*For many of us, we see our online lives and offline lives as different, but children are growing up with technology and the internet so for them there isn't a difference; online life and offline life is just life. The most important thing you can do is talk to your children about what they do online and how they can stay safe.*

## Popular apps and games to be aware of

Listen out for...



Videos that sounds inappropriate  
'Challenges' that are potentially dangerous  
Strangers they've made contact with through TikTok  
Content about eating disorders, self-harm and bullying  
Things that don't sound true, or fake news.



'Griefing' where someone intentionally ruins the game for other users  
Contact with strangers



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Spending lots of 'V-Bucks' which means spending lots of real



Inappropriate content they've seen  
Contact with strangers

This website has some useful information about other popular apps that your child might be using <https://hwb.gov.wales/keeping-safe-online/in-the-know/>