

# Keeping Your Child Safe Online

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The most important thing you can do is talk to your children about what they do online and how they can stay safe. Net Aware have created four simple steps you can follow to make talking online safety a part of your family conversation.



**Talk** to your child regularly about what they're doing online and how to stay safe. Let them know they can come to you or another trusted adult if they're feeling worried or upset by anything they have seen.

**Explore** your child's online activities together. Understand why they like playing certain games and make sure they know what they can do to keep themselves safe.



**Agree** your own rules as a family when using sites, apps and games. You can use the [family agreement template](#) to help you get started.

**Manage** your technology and use the settings available to keep your child safe. Use [the reviews](#) to explore parental controls and safety settings on your child's favourite app, site or game.



Visit the following website to find out more and to find videos on how to keep your child safe online <https://www.net-aware.org.uk/tips-and-advice/>