

Expecting a Baby - What's on Offer from the Family Hub

Issue 6 - 2026

www.wiltshirefamilyhubs.org.uk

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This month we are focusing on the support available for new families and celebrating that we have provided created over 100 Baby Wardrobe Parcels!!!!

Baby Steps

A FREE programme covering the weeks just before and after having your baby. (Speak to your health professional to be introduced to this service).



THE BABY
WARDROBE
PROJECT

This project started in August 2025 and we are delighted to have helped more than 100 families with donations of preloved and new items of clothing, blankets, nappies and more. If you would benefit from a parcel please speak to your health professional or a family navigator to refer you.

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Healthy Start Vitamins

We can support you to apply for the Healthy Start Scheme and you can collect your FREE Healthy Start Vitamins from us.

*Eligibility Criteria apply



BEST
START
IN LIFE

Click here to explore this website crammed full of useful information from pregnancy to starting school



Me, You and Baby Too

Having a baby is one of the biggest changes you and your partner can go through. Me, You and Baby Too is a FREE fully online course that helps you prepare so you can navigate the journey together.

And once the baby has arrived
We have



- Free sensory spaces
- Baby Massage courses
- Parenting support

Find out more on our website

Contact us by email:
wiltshirefamilyhubs@spurgeons.org

Contact us by phone:
0800 970 4669

Support We Offer

We are here to help with a whole range of topics including:

Ideas around implementing routines and setting boundaries.

Help to understand your child's needs and build your confidence as a parent.

Help around finances, housing applications, debt support and accessing benefits.

Support for healthy relationships

Volunteering opportunities

Healthy Start vitamins and vouchers

Advice on local childcare and applying for funding.

Introductions to other services

**Sensory Play Spaces
(Chippenham, Salisbury and Trowbridge)**

**Baby Wardrobe Project
(Clothing for children 0-12 months)**

Facebook

Our Wiltshire Family Hub Facebook page is another way for families to stay up to date like and follow to stay in touch with us.

Simply click here:



Get in touch with us

If you have any questions or would like more information about our services please call us on one of our numbers below or check out our website:

**Freephone:
0800 970 4669**

wiltshirefamilyhubs@spurgeons.org

Other useful numbers:

**Health visitor - Single Point of Access
0300 247 0090**

**National Breastfeeding helpline
0300 100 0212**

**Fearfree (Domestic Abuse support Service)
01225 775276**

**National Domestic Abuse Helpline
0808 2000 247**

For access to our Family Navigators check out our drop in timetable

HERE

For information about our parenting courses please go

HERE

Click here to visit our website



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