

05/06/2024

Dear Parent or Carer

The school nursing service has recently visited your child's school to discuss oral health and hygiene. Following this we encourage all parent/carers to talk with your child/ren about what they learned during this time, having an open conversation will help reinforce what they have learned and develop positive lifelong habits to protect their health.

For more information and tips on keeping your child's teeth and gums healthy, you can check out these websites:

<https://www.nhs.uk/live-well/healthy-teeth-and-gums/taking-care-of-childrens-teeth/>

<https://www.bspd.co.uk/Kidsvids>

<https://www.brushdj.com/>

If you haven't already, it's a good idea to register your child with a dentist. Regular check-ups with a dentist are crucial to catch and prevent dental problems early. Finding a local NHS dentist can be and you may be placed on a waiting list or be directed to a clinic that's not close by. You can use this link to help you find an NHS dentist: <https://www.nhs.uk/service-search/find-a-dentist>

If your child needs urgent dental care, you can get help from NHS 111. This can be accessed online [Get help for your symptoms - NHS 111](#), using the NHS App, or calling 111.

If you have any questions or concerns about dental care or any other health-related issues, please feel free to get in touch with us or your child's school nurse by calling Single Point of Access (SPA) 0300 247 009 between 09.00 – 17.00 Monday - Friday. We're here to help.

Yours Faithfully,

School Nursing Service

Wiltshire Community Children's Services