

Family activities

Here you'll find fun and engaging activities that parents and carers can do with children of all ages to support this year's Safer Internet Day theme: 'All fun and games? Exploring respect and relationships online'

Work through these activities with your child to help start conversations about life online and make sense of the digital world together. Find more activities, video content, tips and quizzes at: saferinternet.org.uk.



Spend time online together

This year's theme is a great opportunity to have some fun and games together! Why not get everyone to write their favourite app or game on a slip of paper then take it in turns to pull from a bowl? Spend some time exploring each one as a family. Whether it's creating something together, competing or watching content, look out for the safety features and make a note of what these do, so you know where they are if you ever need them in the future.

Explore the Childnet website

Explore the Childnet website where you will find activities, quizzes and videos tailor made for children of all ages. There is also information on key topics for parents and carers, advice about specific apps and games, and activities and conversation starters you can use with your whole family.

Make a family agreement

A family agreement is a great way to start a conversation about how your family uses the internet. As well as the online safety agreement in the Parents and Carers Pack, you can find a more detailed version here: childnet.com/family-agreement.

'All fun and games? Exploring respect and relationships online' Films

These films produced by the UK Safer Internet Centre are a great way to start a discussion with your child about how the internet makes them feel and what respect looks like online. There are different videos aimed at younger and older children available here: saferinternet.org.uk/sid-films.



Family Activities



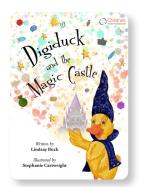


Read the story 'Digiduck and the Magic Castle' with your child: childnet.com/digiduck-magic

Discuss together how Wise_Owl and Eagle_Owl help Digiduck and his family.

Ask your child: Who helps you when you have a problem online?

Work with your child to write or draw a list of people they could speak to if they had a problem online. This might include you, other family members, a class teacher or trusted family friends. You could even practise what they might say or come up with a code word that everybody knows.



The Digiduck Series

Did you know that 'Digiduck and the Magic Castle' is the fourth book in the Digiduck series?

Read all the stories and join Digiduck, Wise_Owl and more on their online safety adventures at: childnet.com/digiduck.







Ages

Childnet SMART Video Lessons

Watch this series of 6 mini video lessons hosted by the Childnet Education Team together with your child. You'll be guided through activities and discussions about different online safety topics. The sessions are aimed at children aged 6-9 and can be found here: **childnet.com/resources/video-lessons**.

Family Fortunes

Create an origami fortune teller with your child using the template and instructions in Appendix 1. Have them decorate the outside with characters or logos from their favourite apps and games, label the inside with numbers, then write some questions about life online to put under the flaps.

Use the fortune teller by getting a family member to pick one of the characters or apps. Spell out the name and move the teller once for each letter. Then have them pick a number and move the teller again. Then ask them to choose a second number and read the question under the corresponding flap. Use to start a conversation about life online.

Questions could include:

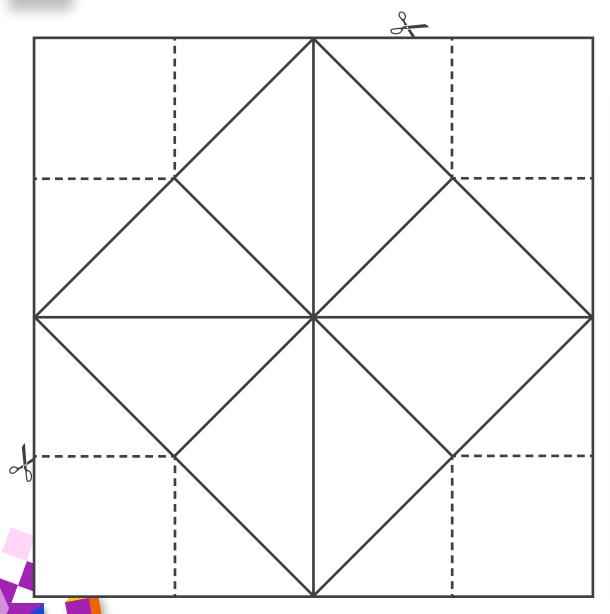
- What's your favourite app/game and why?
- What tips do you have for staying safe online?
- Explain one family rule we have when using our devices.
- What's one thing you would change about how we use devices at home?
- Who can you tell if you have a worry about life online?







Appendix 1: 'Fortune Teller' template



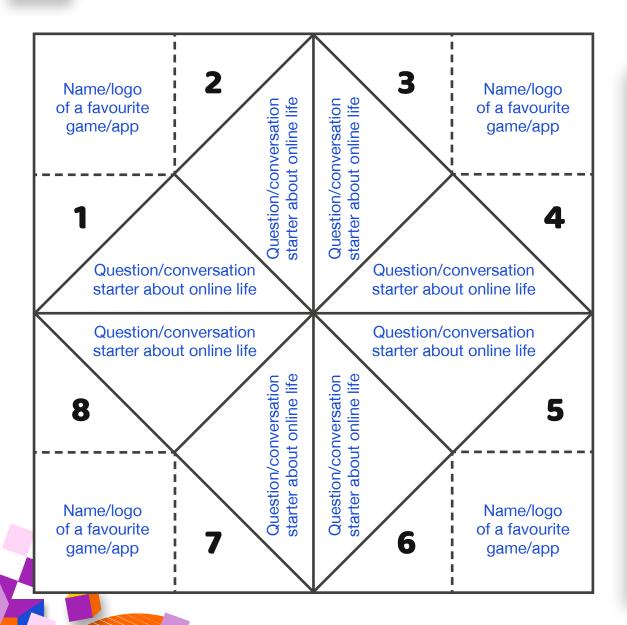
Instructions to make your fortune teller:

- **1.** Cut out the patterned square.
- 2. Fold the square in half lengthways and across the middle. Unfold.
- **3.** Fold the four corners to meet in the middle at the point formed by the two creases you made.
- **4.** Turn the square over so the folds are facing down. Now fold the new corners into the middle point.
- **5.** Fold and unfold in half length and width ways so the pockets start to pop out.
- 6. Decorate!





Appendix 1: 'Fortune Teller' instructions



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Appendix 2: Gaming and me

Gaming makes me feel:

(Draw an emoji)





Circle all of the ways you enjoy or used to enjoy gaming





HANDHELD CONSOLE



DESKTOP PC



LAPTOP



TABLET



MOBILE PHONE



Any other platforms / sites that you play or used to play games on? Write them here:

How often do you play games each week? You could write it in the amount of hours, a rough estimation, etc.



What is / was your favourite game?

What / is was your favourite type of game? E.g. genre (shooter, puzzles, etc.) What do you enjoy most about playing games? If you don't enjoy playing games anymore, or never did, why is this?

How do / would you prefer to play games? Tick your preference.

By yourself?



With others?



Give one top tip for positive gaming.